



COMMUNITY CAPACITY BUILDING

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Children & Youth

South East Region

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April Newsletter

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Community Capacity Building Projects

Zone Planning Tables across the South East Region are in the process of evaluating and confirming funding for Child Welfare Community Capacity Building Projects for the new fiscal year. This month we are highlighting Parents First taking place in Lanark County.

Parents First

This program ensures families get the services they need by supporting the parents. The program engages families that have difficulty connecting with services. There are three components to the program:

1. Parenting Your Teen Lecture Series – open to all
2. One-on-one individual parent education to high risk clients . This portion involves:
 - i. a program tailored to their needs; so, if the client is a parent of an infant, lots of information about child development, general infant care
 - ii. information about resources and self esteem for moms, for example
 - iii. parents get to zero in on the aspects of their child's life that challenge them but also, they get an overview of parenting
3. ITTM Program (Intergenerational Trauma Treatment Model) which involves families and children who have experienced trauma. This involves:
 - i. Phase 1 and 2 are for parents
 - ii. Phase 3 occurs after the parent has been through Phase 1 (6 psycho educational sessions) and 2 (individual counselling to process what was learned in Phase 1)
 - iii. Parent does “the therapy” in Phase 3 with the child.

Service Integration Survey

We are conducting a service integration survey in the South East Region to provide our Best Start Networks and Children's Services Planning Tables with a baseline of service integration in our region. Please complete one survey for each program area relevant to serving children 0-6. If your agency provides services to children under 6yrs. please complete a survey. We will be extending this survey in the future to all Children's Services up to 18yrs. The survey is available at www.seregion.ca.

Centre of Excellence

The Provincial Centre of Excellence for Child and Youth Mental Health at CHEO, along with other leaders, is working towards an integrated system that truly meets the mental health care needs of children, youth and their parents and caregivers.

The Centre:

- Facilitates and engages in partnerships, networks and collaboration.
- Funds new research and new research partnerships through a comprehensive grants and awards program.
- Provides consulting services to encourage more organizations to conduct research and to support their use of research to improve services.
- Fosters the development of the next generation of mental health professionals by targeting grants and awards to students at all levels and in relevant fields.
- Builds, synthesizes and mobilizes credible child and youth mental health evidence.
- Generates opportunities for knowledge exchange to promote evidence-informed practice and community mobilization.
- Supports the critical role of youth engagement through partnerships, project funding, youth specific grants and awards and youth representation on its advisory committees.

The Provincial Centre of Excellence for Child and Youth Mental Health at CHEO
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Grants and Awards

The Centre is committed to building capacity in the child and youth mental health sector, in part through our Grants and Awards Program. This is being accomplished by:

- Developing new knowledge;
- Establishing new networks and partnerships; and
- Increasing the skills of those working in child and youth mental health through a variety of training initiatives.

The Centre provides funding to child and youth (0-18 years of age) mental health researchers in all stages of their careers through: research grants, expertise mobilization awards, and education and training awards (undergraduate, graduate, post doctorate/fellowship and professional development awards).

The Centre has recently moved to an online application system for the Grants and Awards Program. If you intend to apply online for an upcoming grant or award, please review the **General Application Guidelines For Grants and Awards**, as well as any award specific instructions before submitting your application.

If you are interested in applying for funds, this section describes our Criteria and Conditions, and available grants and awards. If you would like to know who has received funding from the Centre in the past, you can access our list of Current Funding Recipients .

You can also access information about the Centre's Research, Initiatives Training and Education (RITE) Committee. The Rite Committee plays an important role as the adjudicating body for all peer-reviewed funds.

For further information on Grants and Awards, contact:

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