



COMMUNITY CAPACITY BUILDING

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Children & Youth

South East Region

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January Newsletter

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Community Capacity Building Projects Underway in the South East Region

Each of our four planning tables have begun to implement Community Capacity Building projects across the South East Region with funding provided from our Child Welfare Transformation allocations. Each of our four zones received the following amounts:

- Kingston-Frontenac-Lennox & Addington \$110,000.00
- Hastings-Prince Edward \$110,000.00
- Leeds & Grenville \$65,000.00
- Lanark \$55,000.00

This month we will feature Hastings-Prince Edward and Leeds & Grenville, which have moved forward with Triple P. Hastings-Prince Edward are also supporting a Pregnant Parenting Teen Program and a Counselling program in Prince Edward.

Triple P- Positive Parenting Program

Triple P draws on social learning, cognitive-behavioural and developmental theory, as well as research into risk and protective factors associated with the development of social and behavioural problems in children.

The program's multi-level framework aims to tailor information, advice and professional support to the needs of individual families. It recognises that parents have differing needs and desires regarding the type, intensity and mode of assistance they may require.

Triple P interventions range from the provision of media message on positive parenting, through to brief information resources such as tip sheets and videos, and brief targeted interventions (for specific behaviour problems) offered by primary care practitioners at Levels 2 and 3, to more intensive parent training programs at Level 4 and Level 5 programs targeting broader family issues such as relationship conflict and parental depression, anger and stress.



Best Start

Best Start is moving forward across the South East Region. Service Integration will be a major undertaking in the next phase of Best Start and will be co-ordinated with our Children's Services Planning Tables

Service Integration

Service integration is most usefully defined as an on-going process whereby local agencies engage in progressively greater degrees of joint service activity along an integration continuum defined by five service integration domains:

- Awareness
- Communication
- Co-operation
- Collaboration

Awareness - Separate and independent agencies in a community claim to have knowledge of each other's services although no effort is taken by any one of them to organize their activities according to any principles except those that conform to individual agency service missions.

Communication - Agencies in the community have an active program of communication and information sharing.

Co-operation - Agencies use their knowledge of other services to guide and modify their own service planning in order to avoid duplication of service and to obtain a better set of links between services.

Collaboration - Agencies jointly plan the offering of services to families and actively modify their own service activity based on advice and input from their mutual discussions.

What's the difference between Integration and Co-ordination?

Service Integration - Refers to the development of interconnections between agencies at the programmatic, administrative, or operational levels.

Service Co-ordination - Refers to the process of assisting family members in obtaining services. In this context, professionals working with particular clients use their knowledge and contacts in the local service community to connect their clients to needed services.

Children's Mental Health Policy

"A Shared Responsibility" Ontario's Policy Framework for Child and Youth Mental Health was released this past November.

Vision and Guiding Principles

We envision an Ontario in which child and youth mental health is recognized as a key determinant of overall health and well-being, and where children and youth grow to reach their full potential.

To that end, our policy framework identifies the following principles to guide child and youth mental health services and supports:

- Child, youth and family centred
- Community driven- services and supports should be provided as close to home as possible
- Accessible
- Co-ordinated and collaborative
- Evidence-based and accountable

Power point presentation available on our web site at: www.seregion.ca